More...

Life-Changing...

Life-Giving...

Never-Ending...

# THOUGHTS...

To you...
With all my Love...

#### **Contents**

Do not think about page numbers or anything else... You will get there... Wherever "there" is... If and when it is the right time for you... All in perfect timing... Like they say... No worries... Only Joy!!!

<u>Chapter 1</u>-- Thoughts... And <u>More THOUGHTS</u>...

**11:11**-- Epilogue

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**Other Creations** 

#### Books

- Energies In My Body... The Greatest Blessings Of My Life!!!
- Energías En Mi Cuerpo... ¡¡¡Las Bendiciones Más Grandes De Mi Vida!!!
- Running Out Of Time... Is That Even Possible???
- Se Me Acaba El Tiempo... ¿¿¿De Verdad Crees Que Eso Es Posible???
- <u>Más... PENSAMIENTOS... Transformadores... Que-Dan-Vida...</u> Que-Nunca-Terminan...
- A FRIEND I Didn't Know I Had...
- UNA AMISTAD Que No Sabía Que Tenía...

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# Chapter 1--Thoughts... Thoughts... And More THOUGHTS...

Thoughts... Reflections... Messages... Sometimes caused by

"interference" ... Sometimes caused by "false guidance" ...

Understandings... Energy... Communications with Our Inner Self... With

Our True Self... With Our Source... With Our Universe... What are they??? ... Where do they originate??? ...

#### Inner World/Relationships-2/14/14 @ 6:46 am

It is as if I always sensed... Even in my most confused times... That if it wasn't "like that" ... It didn't make sense to me...

Most of the relationships and couples of any kind that I saw and see in the world did/do not make any sense to me... To what I know... To who I Am... So that always created confusion and perhaps even false beliefs in me...

And at the same time I always had this clear image of "the way" it should be...

And when I said "like that" ... I meant "the way" I always Knew it should be for me... And not seeing any of "that" always caused great discordance inside of me... To the point of feeling that "not belonging" that I felt for such a long portion of my life...

# Inner World-7/17/14 @ 5:15 am

Writing has become a form of meditation for me... (5/29/16-I have explained more on this in the book "*Energies In My Body... The Greatest Blessings Of My Life!!!*") ...

At specific points "something" accumulates in me... And I've come to know now that "I have to" sit down... Let it out... And write it...

I always resist it because I have no time... And because I know that most of the times when I sit down and start letting it "out" ... More and more comes... And something that at first would seem to only take "x" amount of time and energy, usually becomes 5 or 10 or 100 times more...

But even as I many times resist with all my being not to start... It continues to build up... Until I finally succumb to it... And then...

Then the most Fluid and Beautiful things come out of me... To the point that I am Always amazed when everything is "done" ...

And I Always end up reading it many, many times after I finish... "Not knowing" where it came from... Knowing it wasn't truly me... Or was it???

But the most Beautiful happens when I finish... That sensation that I "have been" emptied inside... A Happy... Serene... Secure... Joyful Feeling... Ready for what Life brings:) ...

## Inner World-7/17/14 @ 5:43 am

Song "Where dreams begin" (official Disney video) ... Playing in the background... A collage video that my child has of songs from different cartoons, etc... I absolutely Love that song!!! ...

https://www.youtube.com/watch?v=fY5JMeVkUGE ...

And this phrase "Just put your hand in mine... And then we'll go where dreams begin" kept playing back in my mind... In my body... In my Whole Being...

But... Really... Where is that??? ... Where do Dreams begin??? ...

In Love... In Knowing (truly KNOWING) OneSelf... And Trusting the "knock on the door" from Within... In Knowing we are connected to Our Pure Essence... To our Guidance... To the Universe... In Believing in "Magic"... In letting OneSelf flow... But having taken the time to Purify our "Inside" ... To know the Truest Essence of OurSelves... Otherwise, we may follow "false guidance" ... But when we have Purified ourselves from all interference... Then we can Trust and follow our Impulses blindly...

Where is that??? ... Where do Dreams begin??? ...

In not forcing or controlling... But Allowing... Following Impulses... And Trusting... Especially Trusting that We are part of "A Whole" ... And when We are Purely In Sync with That Whole... Everything develops/takes place perfectly... In Joy and Harmony...

[Interference=things that cause our Total Body to be unbalanced=negative thoughts, negative emotions, false beliefs (especially the ones given to us by other people), false feelings of love that are used to manipulate us through partialized stories, through partialized music/songs to manipulate us without us even realizing, fear, guilt, inadequate foods, inadequate habits, etc]

# Relationships-7/17/14

People "jump" from one relationship to the next without taking time to know themselves...

To "heal" themselves...

To purify or "empty" themselves out... Of interferences...

Or perhaps to "fill" themselves up... With Love (Pure Love)...

So they can be ready to receive and give more Love... And the most important... To know themselves at a deeper level and know what they want...

We are constantly changing...

We always need to know ourselves again and again...

Our perspectives and desires from that moment of our lives are not the same ones as the ones from the previous moment... Or the following moment...

It is as if people always have the need to have somebody (AnyBody) to be able to "live" (or to "suffer")... Incorporating more and more interferences and toxins in the process... Getting farther away from ThemSelves...

Without realizing that first... And more important than anything else... They have to identify with Their Self 100%, to be able to Love ThemSelves... To be able to have Self-Love...

Only that way they will be able to truly Love someone else...

Anyone else.

Inner World/Relationships-7/17/14 @ 3:00 pm

"Honeymoon with The Universe" ... I said this to a friend of mine in a conversation over the phone, and afterwards I realized that this was truly a message for me...

I have been in this state for over a year now (5/28/16- and at this point for over 3.5 years) ... And the purpose has been to Know MySelf... To understand the signs... To understand and refine my ways of communicating with My Universe... With My Source...

Many people leave one relationship and go right away to the next...

I have never been able to do that... Even in my most disoriented times... But in all the previous occasions when I have been by myself, I have been in suffering... In depression...

Without truly understanding the Beauty and the Value of being alone and Going Within...

I have been in a "victim mode" ...

Without understanding the endless wealth that we find when we go WithIn... Without fear... And "All The Way" ... Endlessly...

# Spirituality-7/20/14 (Continued on July 16th and July 23rd of 2016)

The way I imagine/see/Feel our "Physical" and "Non-Physical" "States Of Being" is just like the states of matter... Especially the three most known/visible ones from our standpoint here in our physical world... Yes, of course I am referring to solid, liquid, and gas...

And every time, since all these processes started to take place in me from the very beginning of 2013, many images... Very vivid "images" started to happen inside of me...

In this particular case I am referring to images related specifically to that: my "States Of Being" ...

And it was something so Magical and Beautiful to me...

And so very interesting...

They were not really images... They were things I... I truly cannot find a way to explain it through words... They were not things I saw/see in my mind, NO...

I Felt/Feel them in My Body...